Flower Arranging II Group

July Meeting: Mastering the Mechanics

Our July Flower Arranging II meeting saw members exploring the often unseen world of floral mechanics, with Mandy leading an informative and practical session on the hidden techniques that give flower arrangements their strength, balance and natural appearance.

Members discovered how good mechanics provide the essential foundation for every successful design, securing stems, holding water where needed and allowing flowers to be positioned with confidence while maintaining an airy, professional finish.

The group experimented with four different foam-free techniques: chicken wire, a rose top support, a natural willow and hazel nest, and an ingenious nylon mesh support, similar to the netting used to package fruit in supermarkets. Each method demonstrated that sustainable mechanics can be just as effective as traditional floral foam while encouraging creativity and reducing waste.

The variety of finished arrangements was a delight to see, with every member interpreting the techniques in their own unique way. The session proved that, although hidden from view, good mechanics are the true backbone of every beautiful floral design.

Looking ahead, we are excited to welcome **NAFAS National Demonstrator Sue Hodgson** to our **August Open Workshop**, where she will present **"Triangular Blooms"**, creating an elegant **foam-free arrangement** perfect for gala events, churches and weddings.

If you would like to join Flower Arranging II or attend the August workshop, please contact **Mandy** at **flowerarranging2@u3ameltonmowbray.org.uk**. We would be delighted to welcome you.