

A Cool Lunch on a Very Hot Day!

Perkins Bar & Bistro, Plumtree 14 August 2026

With the temperature outside nudging 30°C, the Friday Lunch Group made the very sensible decision to seek refuge somewhere cool, comfortable and, most importantly, serving excellent food.

Our destination was Perkins Bar & Bistro at Plumtree, where we also had the pleasure of welcoming two new members to the group. Settled into the beautifully air-conditioned main dining room, we could enjoy the summer sunshine safely through the windows while congratulating ourselves on our impeccable timing!

The three-course menu offered an excellent choice of fish, meat and vegetarian dishes, with something to tempt everyone. Most of us embraced the occasion properly and tackled all three courses, accompanied in some cases by a well-earned glass of wine. After all, hydration is important in hot weather!

As always, the food was only part of the afternoon. Conversation flowed just as freely, with stories shared, friendships made and plenty of laughter echoing around the tables.

Perkins delivered everything we look for in our monthly outings: excellent food, a comfortable setting, good service and the opportunity to enjoy great company.

Another restaurant firmly added to our “must re-visit” list.

Our Friday Lunch Group continues to grow as we eat our way around the wonderful restaurants, bistros and hidden gems within a few miles of Melton Mowbray. It's a tough job, but somebody has to do it!

The Lunch Group's culinary finds can be found on our website – https://melton-mowbray.u3asite.uk/u3a_groups/luncheon-group-gk/ If you would like to join us, contact Mandy - lunchfri@u3ameltonmowbray.org.uk

